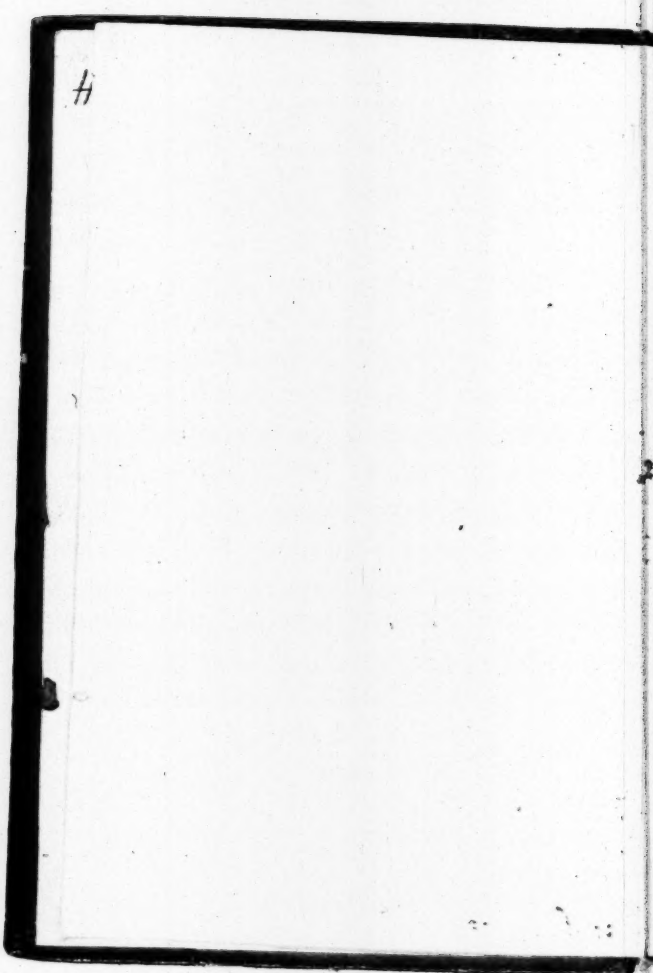




"A litle Herball of the proper-
ties of Herbes, newly amended &
corrected, with certayn Additions
at the ende of the boke, declaring
what Herbes hath influence of
certain Sterres and constellations,
wherby maye be chosen the best and
most lucky tymes and dayes of
their ministracion, according
to the Moone beyng in the Sygnes
of heaue the which is daily ap-
=poited in the Almanacke made
and gathered in the yeare of our
Lorde God. M. D. L. the xii. daye
of February, by Anthony Askha
Physycyon."

NB. This title copied from 1st edition
printed by Jhon Kynge. page by page
as this book.



DE VIRTVTIBVS HERBARVM ET PRIMO DE LITTERA. A.

Abrotonum.

THis herbe Abrotonum is called Sotherne wode. The vertue of this herbe is thus, that yf they breake the sede and drynke it with water, it healeth men that haue ben bytten with any venemous beast. Also thys herbe destroieth wormes i a mās wombe, also powder of this herbe medledde with barlye meale vnbyndethe and breaketh hatde postumes, also this herbe brent, and the asshes medeled with ople, maketh heare growe so-

ner, this herbe is hote and dry in the
seconde degree.

☞ Absinthium.

☞ This herbe is called Wormewoode. The vertue of this herbe is good to comforte the herte, and clenseth the stomake. Galyen sayth that this herbe hath two vertues, one is laxatyue, and the other is constypatyue. Therefore Galyen sayth that yf this herbe be gyuen to any euyll, of the whiche the matter is not fully defyed, it shall harde the stomake, and let the degestion. And yf the matter be ryped, it shall make a manne laxatyue, and easelye put awaye the mater. If this herbe be dronke with Spyckenarde, it swageth the stomake and wombe that are infected of wycked windes. Also if this herbe be tempered with hony, it wyll ease the swellynge in a mannes mouthe. Also it doth awaye the blacke myste in a mans eyes, and clereth the sight

and

and yf this herbe be pownd with the gall of a Bull and afterwarde put into a mans eyes, it putteth away all maner impedymentes of the syght.

¶ Acus mustela.

☞ This herbe Acus mustela is called Groundeswelle, it is good for playsters.

¶ Affodyllus.

☞ This herbe is called affodyll, The vertue of this herbe is that the leues ben good to heale the dropsy, and the leues of the flowers be good to be drunkē to heale venim of wycked bestes, also the iuce of this herbe and Myrre, and Saffron tempered togyther in whyte wyne and a lytel boyled ouer the fyer, and strayned thorough a clothe, is good to heale ronnyng eyes, also the rote of this herbe brent to powder, is good to heale sore eares and to restore thē agayne, also take an hard cloth that

is roughe and wete it in the ioyce of this herbe, and rubbe the Morphew therwith syttyng agaynst the sonne, and it shal do away the Morphewe. Also ỹ roote hereof infused in Ale, or wyne, helpeth to vomite, this herbe is hote and dry in the seconde degre.

¶ Agnus castus.

☞ This herbe Agnus castus, that men doo call Tutesane or otherwyse Parke leaues, hath leaues somedel red lyke vnto the leaues of Orage, and this herbe hath senowes on his leaues as hath Plantayne. and it hath yelowe flowers, and bearethe blacke berys and it groweth in dry woodes, the vertue of this herbe is it wyll kepe men and women chaste. For as Diascorides sayth, this herbe is called Agnus castus for the knowledge and the vse of this herbe maketh men chast. And this herbe wyll open the poores of man and let out cuyll humours, and spyrytes of his bodye

body, this herbe destroyeth the moy-
sture of mans seede. Also the same
auctoure sayth that yf this be soden
with Fenel in Asell, it is good to de-
stroy the dropsye. Also yf this herbe
be soden with smallage, and Sage
in salte water, and afterwarde the
hynder parte of a mans head be wel
washed therewith it healeth it and
vnbyndeth an euyll that is called
Lytarge. Also this herbe destroyeth
the foule luste of Lecherye and it be
dronken, or yf it be borne about him
therfore sometyme they do eate it ro-
sted, because it shal kepe them chast,
for if this herbe be eaten rawe, it wyl
engender heade ache. This herbe is
good to dryue the hardnes and stop-
pynge of the mylte. Also a playster
of thys erbe is good to do away ache
of a mandes head that is engendred
of euyll humours. This herbe is
hoote and drye in the seconde degre.

Agrimonia.

This herbe Agrimonia men call it Egrymony but the right name of it is Eupatorium as sayth Diascorides, and Antonius Musa. The vertue of this herbe is thus, and it be eaten, the herbe and the roote grene, it healeth the akinge of the wombe. Also if this herbe be dryed and powned to pouder, and dronke with water, it is good for the same euyll, also the sayde herbe tempered with Aysel is good to heale a wounde that is hurt with yron, also this herbe vsed in meates is good to hele the akyng of sores in the mylte, also this herbe in pouder decockt in whyte wyne openethe the stoppynge of the lyuer that commeth of flewme, also it is hoote in the fyrste degre, and dryye in the seconde.

Allium.

This herbe Allium is called Garlcke, the vertue of this herbe is this

It

It wyll vnbynde all euyll wyndes within a mans body. And it helpeth a man to make water, but it noyeth a mans eyes, and because he is vapozatyue. Also it maketh a man to dzynke muche, and destroyeth the syght, and it destroyeth and healeth venim within a man. Also it healeth all colde soozes as it were tryacle. Also it heleth the scabbes, and mozphewes, oz bladders, in what maner place they be in a mans body, so that it be well froted therwith, this herbe is hote and dzy in the seconde degre.

☞ Altea.

☞ This herbe is called Holyhocke oz the wylde Mallowe, the vertue of this herbe is thus, take and stampe it and fry it with shepes talowe and make a playster and laye it to the Goute and it shal helpe hym within thze dayes by erperyment all Auctours do saye and affyrme that this herbe soden with Vineger and Lin-

lede, and a plaister made therof and layde to the syde of any person, it departeth and helpeth yll gatheringes that be engendred in a mans bodye, this herbe groweth in gardens and moyst places.

¶ Alleluia.

¶ This herbe Alleluia men call it Woodsoure or Stubworte, this herbe hath thre leaues the which be round a lytell departed aboue, and it hath a whyte flower, but it hath no longe stalkes, and it is Woodsoure, and it is lyke thre leued grasse, the vertue of this herbe is thus. If it be rosted in the asshes in reede Docke leaues or in reede Worte leaues, it freteth away dead flesshe of a wound this herbe groweth much in wodes.

¶ Amarissus.

¶ This herbe is called Dogge fenel, or Waythis, this herbe is much lyke to Cammamyle, for it hathe a whyte flowre as Cammamyle, but it stinketh

stinketh, the vertue of this herbe is that yf the ioyce therof be dronke it helpeth the Canker, and the Pyles, and the Emeraudes, and there be two spyces thereof, the one hathe a whyte floure, and the other hath a yelowe floure, & it groweth in corne.

Cameos.

☞ This herbe Cameos hath leaues lyke vnto Eldren, but they be lesse and the seede is lyke persly seede, the vertue of this herbe is thus, if it be tempered with honye, it sleeth wormes that be in a mannes bodye, and it vnbyndeth the greate stoppynge of wyndes, and it breaketh the stone and it chafeth a mans stomake that is colde, it chafeth the lyuer and the raynes, and it healeth woundes and the bytynge of venemous beastes, this herbe is hoote and drye in the seconde degre.

☞ Anisum.

This herbe is called Anyse, the vertue

vertue of this herbe is this, it vn-
bindeth the stoppynge of the lyuer,
and of eupll wyndes and of greate
humours that encloseth the mylte.
Also it steareth a man to make wa-
ter and to swete, also this herbe ma-
keth a mans wombe laxatyue yf it
be to harde, and the sede beyng par-
ched, or rosted in all maner medecy-
nes, than it wyll woxke the rather,
this herbe is hoote and dxye in the
seconde degree.

¶ Anetum.

☞ This herbe Anetum that men
do call Anete other wyse Dyll, this
herbe hath leues lyke to Fenell, but
the sede is somdell bxode as Orage
sede is, the vertue of this herbe is
thus. It wyll make a man pysse, al-
so it swagethe rumblynge in a man-
nes wombe, and wycked wyndes
in the wombe, also it dystropeth the
perynge, the sede of this herbe bxent
and layde vpon a wounde it helethe
soone,

soone, & namely yf a man be scalded in his membres or on his yarde. strowe the powder theron & it shall hele, or what maner of euyll that ryseth in a mannes yarde it shall be hole in the same maner. A playster made with the same powder & shepes talowe and blacke sope, is good for ỹ Emaraude, this herbe is hote and dryge in the seconde degre.

¶ Anabula.

¶ This herbe Anabula menne call Spourge. This herbe causeth gret vompte, and great laske downewarde.

¶ Apium.

☞ This herbe Apium is an herbe that men do call Smalage or stammarche, the vertue of this herbe is this. It wyll make a man to pysse, and open the stoppyng of the lyuer, also the sede of this herbe hardeneth a mannes wombe, and it draweth euyll humoures of a mannes bodye

vnto

vnto the heed, & to the ſtomake and the wombe, and therfore it noyethe them that haue the fallynge euyll, and women that be with chylde, for whan it drawethe ſuche humoures to the wombe it engendrethe, that whych cauſeth peſtylence, and therfore it is commaũded of leches that women that be with chylde, & they that kepe ſuckynge chyldren ſhulde nat eate nor drinke of this herbe, for drede of ỹ fallyng euyl, for it is hote & drye, and there be. iii. ſpyces therof, the ioyce is good for colde playſters tempered with flower, and for ſcaldyng, this herbe is hote in ỹ. i. degre

¶ Aptum Emorroidarum.

This herbe is called Crowfote this herbe hathe leues departed as it were Rammes fete, this herbe hathe a longe ſtalke in the myddes, & groweth in watery places, and hath yelowe flowers.

¶ Apt.

be dronken with hoote water, then it is medycynable, and curable for those menne that be stopped in the breast, and for the swellinge euyll, and for the gout, & for the crampe, this herbe is hoote and dry and it must be gathered in harueste and it is a spice of the reed Madder. Also this herbe is verye good for womennes deseases, and expelleth the dead chylde, and all other euyl humours that are inconuenient with in the matrye of a woman, yf it be dronke with mirre and Pepper.

Asterion.

¶ This herbe Asterion or Lunary growethe amonge stoones and in highe places, this herbe shyneth by nyght, & he bringeth forth Purple floures hole & rounde as a bockebell, or els lyke to Foxegloues, the leues of this herbe be rounde and blewe, and they haue the marke of the Moone in the myddes, as it

were the leued grasse but the leaues thereof be more, and they be rounde as a peny, and the stalke of this herbe is reed, and this herbe semeth as it were muske, and the ioyce thereof is yelowe, and this groweth in the newe Moone without leafe, and euery day spryngeth a newe leafe to the ende of fyftene dayes and after fyftene dayes, it looseth euerye daye a leafe as the Moone waneth, and it spryngeth and waneth as doth the Moone, & where that it groweth there groweth great quantite. The vertue of this herbe is thus, they that eat of the berys or of the herbe in wanyng of the Moone, whan he is in signo virginis, yf he haue the fallig euyll he shalbe hole therof, or if he beare this about his necke he shal be holpen without doute, and it hath many other good vertues.

Latri-

☞ Atriplex domesti.

☞ This herbe Atriplex domistica, men call it Orage, of the whiche are two kyndes, that is to say whit and redde, the vertue of eyther of them beynge boyled louſethe the wombe, and theyr ſeede beynge dronke with honye water healeth the kynges euyll.

☞ Auencia.

✠ This Auencia is called Auance the vertu of this herbe is thus, yf it be dried, and powder made therof with whyte wyne warmed or els luke warme water and gyue it to hym that haue the feuers, and it ſhall helpe hym muche and eaſe hym, alſo it healeth woundes and Cankers yf it be dronke.

☞ Auricula muris.

☞ This herbe is called mouſeare The vertue of this herbe is, yf it be dronken it helpeth the Quinſie. alſo the ioyce is good to heale all maner of woundes. Hic

HIC INCIPIT DE LITTERA. B.

Balſamita.

THis herbe Balſamita is called horſe mynte or water mynte or broke mynte, and alſo this herbe dothe growe in watrye places, the vertue of this herbe is, to comforte a mans ſtomake and maketh a man wel to dege his meate. Alſo the ioyce and clarified hony, and red wyne boyled togither ſhal do away the cold from a mannes ſtomake and eupll wyndes within hym, alſo the ioyce or elles the powder of this herbe dronken with redde wyne hoote, it maketh women that be with child ſoone and eaſely to be deliuered of theyr childzen. This herbe is hote and dzye in th eſeconde degre.

Beto-

Betony men do call this herbe the vertue of this herbe is this, if it be stamped and than layde to a wounde in the heade that is smytten with a stroke, it shall heale the wounde fayre, and drawe out the broken bones if there be any as leches do saye. Also yf a mans eyes do ake, take the water or the iuyce thereof, and it shall amende them greatly. Take Betony and stampe hym and temper hym with water, or with wyne warmed and drynke it .x. dayes, and it shal destroy any webbe in the eyes of any person. Also if your eyes be watry eate euerye daye a lytell betonye, and it shal do the much good. Also if you haue aeynge eares, take the iuyce therof and temper it with rose water and warme it a lytell and drop it in thy eares, and stop them with wolle, and thou shalte be hole. Also

yf thou do blede much at the nose, take and stampe Betony with salt and stoppe thy nose therewith and it wyll staunche. And if thou haue sore teeth, with Vineger, or with Aysel let it seath wel tyl it be more than halfe wasted, than as hote as thou mayst suffer it sup therof and hold it in thy mouth tyl it be cold, than spytte it out, and do this ofte and thou shalt be hole. Also for the coughe take the iuyce or powder of Betonye and medyl it with honye, and make thereof a lectuarie, and vse it .xv. dayes and thou shalt be hole. And yf a manne may not holde his meate within hym take the same medecyne and gyue hym thre sponfull thereof with a sponefull of water. Also if a mans yarde be swollen or that it be sore, take Betony and stampe it with whyte wyne tempered and it shalbe hole. Also yf a man be goutye take Be-

tony

tony and seath it wel in water and giue to him to drinke, and washe his fete therwith and lay the herbe about his feete on a clothe, and it wyl amende him muche. Also take and eate Betony or powder therof and you shall not be dronken that daye, al these medecines haue ben proued of this herbe. It is hoote and dry in the thyrde degre.

Beta.

This herbe Beta is called Betes, and there be two spyces therof as Diascorides sayth, ỹ one is whit and the other blacke, the vertue of this herbe is this, if the iuyce therof be put in the nosestryles of a man it clenseth a mans head. Also swageth the akynge of the eyes of euery person, it clenseth the heade from nyttes, and from other vermine. Also it repayreth & mendeth a mans heare of his heade. Also this herbe destroyeth botches and

biles, also Diascorides saith if a mā vse ouer muche of this herbe that it nourysheth cuyll humours in a mā, for it is hote in the first degre.

☞ Borrago.

¶ Borago is a common herbe, the vertue of it is thus. It wyll clense the red colour of a man. Also this herbe is good to destroy the Cardyacle, and the Postumes that be gathered of the blacke coloze. Also the water dzonke with wyne, maketh a man gladde and merye, this herbe is hote and moist in the first degre.

☞ Borago siluestris.

¶ This herbe Borago siluestris is lyke to comen Borage, but the leues be some what smaller, and it groweth in feeldes and in wayes, the roote of this herbe beynge soden in water and dzonke is good for the feuer quartayne.

Bugla

☞ Bugla.

☞ This herbe Bugla is called Brounwort, this herbe hath leues like a browne colour with a blewe floure and somwhat boistous, the vertu of this herbe is thus. It wil hele woundes in a mans head, and if this herbe be dronken it healeth and draweth the bones out that be broken in a mans head, this herbe breketh and destroyeth the rewme and the akynge of the heade, this herbe groweth in woodes muche, and it is hoote and dry̆e in the seconde degre.

☞ Burneta.

¶ This herbe Burneta, is called Burnet this herbe hath blewe floures as hathe Hayhoue and smalle ragged leaues lyke Tansye leues the vertu of this herbe is thus. It wyll destroye the great humours and laratyue within a man. Also it openethe the stoppynge within a

mans lyuer, and make a manne to
pysse wel. Also it maketh one to a-
uoyde the yelowe euyl. Also a poz-
tion of this herbe medled with ho-
nye and whyte wyne, helpeth and
vnbyndeth soze stytches of the rib-
bes, and in the tetes, there be two
spices thereof, the one groweth on
hylles and the other in medowes.

☞ Bursa pastoris.

¶ This herbe Bursa pastoris, is
called shepardes purs, this herbe
hath a smal stalke, and ful of bzan-
ches and ragged leaues & a whyte
floure, the coddes thereof be
lyke a purse, the vertue of
this herbe is thus dzike
it with redde wyne oz
with mylke and
it wyll
staunche the blodye me-
nison, it is colde
and dzye.

HIC INCIPIT LITTERA. C.

Camomilla.



THIS herbe is called Camomyl the vertue of this herbe is thus yf it be dronke with wine it wyl breke the stone, and destroyeth the yelowe euyl. It helpeth the akinge and the desease of the liuer, if it be strained it helpeth and swageth the sores in a mannes mouth, it is good for aking in a mans heade, and for the megrim, this herbe is hote & drye.

Calamentum.

This herbe is called Calamint the vertue of this herbe is thus, it destroyeth a mans talent, as Ypocras saith, there be thre spices therof, one that is stony, an other that is of the earth, and the thyrd of the water

water, and al they be hote and dry, it that is watrye maketh a manne moyste, it that is stonye maketh a man hole if he drinke it. if he haue dronke any venemous drinke, this herbe made in a playster and laide to a venemous wounde it draweth out venim sone. Also whoso drynketh this herbe thre dayes it shall helpe hym of the yelowe euyl. The other is earthly it is helpynge for lepery, the ioyce of this herbe and it be put in the eares of a manne it wyll slee wormes in a mans heade, and comforteth the stomake, and helpeth to defye it, and it withdraweth casting.

¶ Capillus veneris.

¶ This herbe is called Mayden heare or waterworte. This herbe hath leaues lyke vnto Ferne, but the leaues be smaller, and it groweth on walles, and stones and in the middes of the lefe is as it were blacke

blacke hear, the vertu of this herbe is this, it wyl breake the stone and it be dronke with wyne, it destroyeth venym and it is hote and dry.

❧ Canabaria.

❧ This herbe is called wyld hépe or holy rop, it is lyke vnto hempe his vertue is if a man haue the feuer, frete wel his poulce therewith and he shalbe hole, and it groweth in watry places

¶ Caprifolium.

¶ This herbe is called Woodbynde, and it hath a whyte flower, the vertue of this herbe is good to heale Cankered woundes, bladers and aking teath, and looseth in the toots of a man. Also it is good for the swelling in a mans bodye that is venimed, this herbe is hote and drye.

¶ Cardiaca.

❧ This is named Cardiacle, it hath leaues lyke to blinde nettels and it hath

hath lytel coddes & ſedes, his ver
tue is good for the falling euyl.

☞ Camelon.

☞ This is called a Wolufſhe thyſtell or a wylde thyſtell. He hath whyte leaues great and brode and a redde floure, it groweth by waies the vertue of this herbe is, if thou take this herbe whan the Sonne is in Capricorne, and the Moone be newe, whyle thou bereſt it about the, there ſhal no miſchefe the befal

℄ Carui.

⁂ This herbe is called Carup this herbe hath leues ſomwhat lyke to Fenell with a longe ſtalke and a rounde ſeede more than parſly ſede. The vertue of this herbe is to deſtroy euyl windes and the coughe, and it is good for the Frenſie, and for bytynge of venemous beaſtes. Alſo this herbe medled with allum is good for Scabbes and Teters. Alſo it reſtoreth heare there as it is

falleu

fallen awaye, this herbe groweth in moyst places.

¶ Centaurea maior

¶ This is named the more Centory or earth gal, his floures be ye lowe in the croppe, his vertue is if it be sodden in good wyne, it wyll heale the sykenesse in the lyuer, it draweth out euyll humours in the mylte, this hath ben proued, and if be soden in water, it is good to hele a wounde, if there be a Canker and be anointed therwith it wyll make it hole, this herbe is hote and drye.

¶ Centaurea minor,

☞ This herbe is the lesse Centorye, it hathe thre braunches comming out of a rounde stalke with a Purple floure at the top, His vertu is this, the powder or iuyce therof is good for bitinge of an adder, or any venemous beast, if it be drũken with wyne, and the iuyce is good to anoynt sores therewith ye

ye

ye haue any venym with in you, powne it small and temper it with Ayseil and drynke it, and you shall cast out all the venim within you.

¶ Celidonia.

☞ This herbe is called Celidon or Peterwort his vertue is as Poliminus saith, yf the bryddes of the swalowe be blynde, the damme of the bryddes fetchethe of this herbe and healeth theyr eyes therwith, it is good for the Canker in a mans mouth, it is good for the toth ache and to clense a mans heade, this herbe is hote and dry in the seconde degre.

☞ Centinodia.

¶ This herbe is called Knotgras the vertue of this herbe is to breke the stone, and it is hote and dry.

☞ Cepe.

☞ Is named an Onyon, his vertue is to comfort a mans stomake it purgeth somewhat the flewme, it

nesheth

nesseth somwhat the wombe. Also and it be stamped and tempered wt honye and Aysell, it is good for the biting of a madde dogge. Also the ioyce tẽpered with womans mylke is good to heale the akyng of ears Also the ioyce tempered with any lycoure is good to drynke for any man that hath lost his speche. Also the ioyce put in the nosthzilles bzeketh out the euyll rewme and the stopping of a mans heade.

✲ Cerifolium.

Cerifolium is called Cerfolle or Cheruile, the vertue of this herbe is, and it be dronken with wyne it shall make a man to pysse wel, and it deliuereth a man of ỹ ache in the raynes, and in the bladder, and it be dronke with wyne, it letteth out and vnbyndeth the euyll wyndes and vnstoppethe the wombe, and the lyuer of all maner wodnesse. This herbe witholdeth castynge.

Also a playster made w this herbe tempered with Aysell destroyeth wylde fire and heleth the Canker, and all other woundes, this herbe is one of the Smalages and it is hote and dyze.

Cominum,

¶ This is called Comin, the leaues therof be much lyke vnto Colyandze, it hathe many bzaunches commynge out of one stalke, it is stronge of sauour, his vertue is to destroy cupll wyndes, and other cupll es in a mans stomake, it helpeth to make water, it is hote and dyze.

¶ Cicuta.

¶ This herbe is called Hemlocke oz herbe Bener, the vertue of this herbe is thus, the toyce of thy herbe kepeth maydens teres small. Also this herbe oft dzunken kepeth and destroyeth the great appetite of lechery. Also the toice tempered with

Swines

Swines grece, destropeth the hote Goute, and swageth the great swel linge, for it is hote and dry e.

¶ Consolida mayor.

✣ This is named Confery, it hath leaues lyke to Horshelme but they be not so whyte, there be two spy= ces therof. One with a whyt flouer the other with a red. His vertue is yf a man be borson or broken with= in, take the rotes of this herbe and roste them in the Ashes and let the sicke eate therof fastinge .iii. dates and he shalbe hole, Also it helpeth to gather broken bones, it is colde and dry e, and it bereth blacke sede, Also it stoppeth al maner of flures of bloude, and specyally for them that hath a veyne broken in the breast and vomiteth bloude, yf the iuyce therof be dronke with redde wyne and a lytel masticke.

☞ Consolida media.

¶ This herbe is called Myrthin

this herbe hath longe leues and a lytel endented and a whyte floure, and the floure is somewhat lyke to the Daysie and the vertue thereof is lyke the other Consolida.

❧ Consolida minor.

☞ This is called Daysie or Bul worte, his vertue is, yf it be stamped and layde to a Botche, it shall heale it and breke it, for it is a spice of the Comferie.

¶ Columbina.

☞ This is named Columbin, his vertue is good for hym that hathe the Quinsie. This herbe muste be gathered in August.

❧ Coliandrum.

☞ This herbe is called Coliandrū the vertue of this herbe is this, yf the ioyce therof be drunke with hony, it shall slee wormes in a mans body, and hardeth a mans wombe the sede is good to do away the feuers that came.3.dayes, this herbe is hote and dry. Costus.

This is Pelliter of Spaine, or longe worte. This herbe hath leaues much like to Pedelion, but they be not so muche slyt without, and it hath a flowre as it were a Parsneb, his vertue is, if he be put into the noseth ylles of a man, it wyl make him to nese. Also it healeth the scabbe, the morphewe, and tetters. Also it purgeth a man of euyl colors of flewme, and of the Emeraudes, if he be laide to ỹ place that is desealed. Also for the tooth-ache it is good if it be sodden in Ale and kepe it as hoote as he may sucker in his mouth, and it is good to pourge a mannes stomake and woinbe. Also the powder thereof put in gruel shal slee wormes, and the ioyce medled with mylke, sleeth flies, it is hote and dry in the third degree, and is a great purgacion.

Eleb=

¶ Elebozus niger.

¶ This is called Pedelyon, his leues be much lyke to longe wozt, but they be not so white, & it hathe a bzode flouer and a blacke coote, his vertue is if it be made in powder it wyll destroy and flee rattes, and this herbe is hote and dzye in the thirde degre.

☞ Endiuia.

¶ This herbe is called Endiue oz southistel, his vertu is if the iopce therof be medled with hote water, and dzonken, it helpeth the stoppinge of the milte, and of the liuer It is good to heale the yelowe euyll, and the feauer tertian. It is good foz hote postumes, and foz to swage greate heates of the lyuer, and of the stomake, and it is colde and moyst.

✤ Eufrasia.

☞ This herbe is called Eufrase, it is good foz eyes, and hath a lyt-

tel

tel ragged leafe lyke tyme.

❧ Eupatica.

✤ This herbe is called lyuerwort, his vertue is to destroy and clense the hardenes of the liuer. Also yf it be medled with fresshe grece it wyl heale woundes, and it is good to heale the feuer quartayne.

¶ Eruca.

¶ This herbe is named Skyrwyte, his vertue is, the leaues be good to heale a mans mouth, yf it be holden longe therein. Also the iuyce of this herbe sodden and afterwarde dronken, it destroieth the blacke colour. Also this herbe ofte vsed styreth a man to lecherie, and to make water. Also the roote stamped and medled with oyle and honye, clenseth a mans chyne yf it be anoynted therwith. Also the iuyce therof dronken deliuereth mē, and women of the coughe, for it is hote and dyre in the thyrde degre.

Hic

womans mylke to encreaſe. Alſo if it be medled with Oyle it is good to hele a mans yarde that is ſwollen. And this herbe is hote and dryy

☞ Feniculus poeticus.

⚜ This is called Wormelede. It is good to deſtroye, wormes in a mannes bodye, this herbe is hoote and dryye.

⚜ Fenigrecum.

¶ This is called Nigreke, this herbe hath a longe ſtalke, and it hath leues like to thre leued graſſe and it hath coddes, his vertue is if it be ſodden in water it maketh a man laxatyue without any peryll, and it is hoote and dryye in the ſeconde degre.

¶ Filex.

☞ This herbe is named Ferne, of this be thre ſpices. The firſt is called Pompody, the ſecond is called Oſmounde, and it groweth in dyches, and Woodes, and it hathe a great

greate roote, as Pynapples, it is good to heale broken bones. The thyrde is Euferne, and it groweth in walles, and Polipodie groweth in Okes, it is good to make a man laxatyue. This that groweth in wodes, it is good to hele the goute and it maketh sinowes stronge.

¶ Filipendula.

¶ This herbe is called Droppwort the vertue of it wyll destroy the euyl windes about a mans lyuer, and his milte, and it is good to destroy the stone, it is hote and dry in the seconde degre.

¶ Flamula.

¶ Flamula is called Spearewort, or Launcell, it is muche lyke to a spere, and in the crop of the stalke commeth many fayre and small braunches, and it hathe a whyte floue and it groweth in waters, his vertue is yf a manne haue the seuers, and the pounces of him a-

nointed therewith, he shalbe hole and it is good to breake botches, and byles, and it is hote and dry in the thyrde degre.

☞ Flamula.

❧ This is called the lesse Spere worte, this herbe hath smal leaues lyke grasse, but it is sharpe lyke a spere and it groweth in feldes, his vertue is, yf a heade be cut it wyll heale it anone.

✲ Fragra.

⚜ This is called Straubery, the vertue of this herbe is good for blered men. Also it is good to destroy the webbe in a mannes eyes. Also the iuyce of it medled with hony, and dronken helpeth the milte.

✲ Fumus terre.

☞ This herbe is called Fumitarie, or earth Gall, his vertue is to comforte a mans stomake. Also it gyueth a man appetite to meate, and it helpeth a man to make wa-

ter,

ter, and it openeth the liuer, and it clereth a mans blouoe. Also if any drinke therof with whey, it destroieth Scabbes, pches, bladders, and eup hūmours, it is hote and dye in the first, and seconde degre.

HIC INCIPIT LITTERA. G.

Galanga.



His is named Galingale the vertue of this herbe is thus, it comforteth the stomake, & maketh hym well to digest his meate, and vnbideth and letteth out euil windes of a mans bodye.

Genciana.

This herbe that men do call Felwrote or Baldmony, his vertu is yf it be drunke with water and hony, it helpeth the swellynge in a

mans body, in his stomake, and it is good for venemous beastes, and it delyuereth a woman of a deade childe, it is hote and dry in the seconde degre.

¶ Genestula.

¶ This herbe men do call it Genestre or Brome, ỹ flowers be good in medecynes, and it hath a yelowe flower, his vertue is to knit bones and synewes togither.

✠ Gladiolus.

☞ This herbe is called Gladon, the vertue of it is good to make a man to cast. Also the roote of it is called Accorus, the whiche is a verie specyall medecine to breake the deseases of women.

¶ Granum solis.

☞ This is Gromel or Lyche wal the vertue thereof is good for the stone, and for all euyls in the bladder. This herbe is hote and dry in the seconde degre

Gra-

the ſeede of Hemlocke medled to-gither and a candel made thereof, or brent vpon a tyle ſtone, and let the ſmoke go vppe into a mannes mouth in eſpecial amonge the teth and it wyll ſlee wormes. Alſo the rootes be good for the tothe ache. Alſo the ioyce therof is good for al woundes. Alſo it ſwageth ỹ cough and the hote poſtume, and the hote Goute. Alſo the ſeede of this herbe ſhulde be gathered in the monethe of Auguſt, this herbe is colde and drye in the thyrde degre.

HIC INCIPIT LITTERA. L.

Labrum veneris.

THis is called Sowthiſtel the vertue of this herbe is thus, yf a man haue a hote feauer, take the ioyce thereof and

and temper it with hote water, and let hi dzynke it, and he shalbe hole. Also yf a man haue benym within him, take this herbe and dzy it and make powder thereof, and do the powder in good wyne and let him dzynke it, and it wyl cast vp al the venim, it is hote and dzy in the seconde degre.

☞ Lactuca.

This herbe is cal'ed Lettyse, or sleepe wozte, the vertue of this herbe is thus, yf it be eaten rawe or soden, it engendzeth good blode Also this herbe soden with a lytell Aisel and Saffron, and than dzunken, it helpeth a man that is stopped in the lyuer, and in the mylte. Also yf a man may not slepe, take the seede of this herbe and stampe it to powder, and temper it with womans mylke, and make a playster therof on lynt, and lay it to the tempelles of thy heade, and thou

shalte

✲ Lingua canis.

¶ This is called, Houndestonge, it is good to destroye the coughe and the postume, and it wyl rype a boche. Also it drawe th thornes out of a mans flesshe, yf it be layde to the pricking playster wise.

✲ Lingua hircina.

¶ This is called Buckethorne or Swinesskere this herbe hath leaues faltered as it were an Harres horne and groweth creppyng by the grounde, and it hath a lytel white flouer, it groweth in waterie places, it clenseth and comforteth the stomake and healeth the burninge of fyre.

✲ Linum.

✲ This is called Flere, it is good yf a man take the sede thereof and seeth it in water, it maketh a man laxatiue, and it is good to make a plaister therof for akinge sores. Also there is an other spyce thereof

that is called Cuscuta, it is named in Englishe Dodure, and it groweth amonge Flexe, the vertue of this is good to purge a man of the colour. Also yf it be taken ℥ a great quantite thereof sodden with Wyne and Oyle togyther, and a plaister made thereof, it is good for the raines, and for the breast, and for other aking limmes.

✠ Limisticum.

☞ Lowache this herbe is called, his vertue is muche in the sede, the roote therof is good to be dronken with wine to hele a mans stomake and for other euyls within a man and for to make good digestion, it is hote and dry in the .ii. degre.

☞ Liquiritia.

✠ This is called Licorise, the rote of this herbe is swete and it moysteth the kindly hete of a man, and it is good for the coughe. Also yf it be sodden in water, it wyl destroy a mans

mannes thurſt. Alſo it maketh a mannes breaſte, his throte, and his longes, moiſt and in good temper. this is colde and moyſt.

☞ Lollium.

¶ This herbe is called Cockell, this herbe hath vertu yf it be dronken with Raddiſhe and a lytel ſalt it is good to hele the Canker, or other woundes in peryll. Alſo it is good to comfort the ſtomake, and the lyuer. Alſo it wyl vnbinde wormes in a mannes ſtomake. Alſo it helpeth a man to make water, and it is good for ſore eyes. Alſo ſome fumigacion therof wyl make a woman to bere her childe without any peryl or harme. Alſo it wyl aſwage the great paines of akinge of the lyuer, it is hote and drye.

✠ Lupinus.

❧ This is called Luppne, this herbe hath leaues lyke to fiue leaued graſſe, the Lupine hath ſyre

leaues, and it hath a whyte flower, and a whyte seede that is somwhat broder, and it bereth coddes somewhat lyke vnto Beane coddes, the vertue of this herbe is thus, yf a man haue wormes in his wombe, take the seede and make mele therof, and the iuyce of Wormewoode and hony, and make a cake thereof and eate it, and it vnbyndeth the stoppinge of the lyuer, and of the mylte. Also it is good to destroye the dropsy. Also take the same mele and the iuyce of Artemert and make therof paste and lay it to thy eares and it shal kyl the wormes within them, or yf thou make a cake and eate it, it wyll do the same. Also yf thou wyll take the iuyce of Lekes, and temper it with the meale, and put it in thy eares, it shal clense the tro al euil humours, and stinking. Also take the same mele & temper it with oyle, and it wil breke and ripe

all

all maner of poſtumes, this herbe is hoote and dꝛye.

HIC INCIPIT LITTERA. M.

Maces.



Hꝭs ſpice is hote and dꝛy in the ſeconde degre, Maces be tmbes oꝛ huſkes, it groweth about the Nutmegge as the tynde groweth aboute the Haſell nutte, it may be kepte tenne yere in hꝭs vertu, it is comfoꝛting, diſſolupnge, and conſumpnge, the knowledge of fine maces is thus, it ſhulde be in coloure lyke to fyne golde, oꝛ els like to golde that ſylꝭuer is gylte with, the whyche hath a ſharpe talage, with a bytternes, and it that loketh lyke to earth, is to be refuſed, foꝛ it hath no ſharpe ſauoure, foꝛ a colde ſtomake, that

may not dege no; degeſt well, take Maces and boyle thē in wine, and dzinke it. Alſo a good playſter the whiche is beſt fo; a feble ſtomake, make powder of Maſtike, and of Maces and medle them with oyle of Roſes and Ware, and make a plaiſter thereof, and laye it on the ſtomake of the ſicke perſon. Alſo to clenſe the bzayne of ſuperfluous humours, take a quantitie of Maces, and chewe them well in thy mouth and holde thē there a while and that ſhal louſe the fumoſite of humours ẏ ryſe vp to the bzaines, and pourge the ſuperfluyte of it. Alſo fo; feblenelle of the ſtomake, and of the lyuer of a colde cauſe, and fo; the colyke, and fo; the deſeaſes of the ſpiritual members, o; ſiewme, boyle Maces in the iopce of Fenell, and in the ende of the boylinge, put in a lytel wyne, than ſtraine it and dzynke it, fo; it is the beſt

beſt remedy for the forſaid deſeaſes. And for the ache of the herte, vſe powder of Maces in thy meates, and drynkes.

¶ Maioran.

☞ This herbe is hote and dry in the ſeconde degre, the flowers and leaues be vſed in medecynes, it ſhulde be gathered in ſomer, whan it flowereth, and dryed it in the ſhadowe. It may be kepte a yeare, it hath vertue of comforting, of louſinge, of conſummige, and of clenſing, yf the powder of it be drunke in wine, or els boyle the powder of it in wine, and it wil hete wel a ſtomake. Alſo it comforteth the digeſtion. Alſo take the leues & flowers of Maioran and pownе them a lytel, and make them hote in a panne and lay it to thy greuaunce, and it taketh away the deſeaſe in the ſtomake that commeth of wynde. Alſo for the rewme in the heade, take

this herbe and binde it warme about thy heade. Also it dryeth the mother, and consumeth the superfluyte of it.

☞ Malua.

☞ This herbe is called Malowe, the vertue of it is good, yt the leaues be stamped and laide to a mans stomake, it wyll breake a hote postume in the beginning, or els medle this herbe with freshe swines grece and lay it on a hote tyle, and lay it al hote to the postume and it shal ripe it and breke it. Also it is good to destroy the hardenes of a mans liuer, and mylte. Also it wyl make a man laxatyue, & it is good for plaisters, it is colde and moyst.

☞ Mastike.

☞ This Gumme is hote and dry in the seconde degre. It is a Gum of a tree growing in a parte of the countre of Grece, in the later ende of VERE, the men of that coun-

tre

tre ſlytte the trees, and than make the grounde clene about the trees, or ſome other coupnge to kepe the Gumme from the grounde in choſing of it, to knowe whiche is beſt to take, the beſt is whyte and clere and that that is medled with earth and ſumwhat darke is not ſo good the beſt Maſtyke, hath vertue of conſtrayning, comforting, clenſing and louſinge of humours, deſcendynge tro the heade aboue, to the eyes, and to the teeth, and for the deſeaſe of the temples made of an aſcendinge wynde fro the ſtomake to the head. Take powder of Maſtike, with white iwete wyne, and the whyte of an egge, and medell them well togither, and ye wyll, ye may put in frankencence and plaiſter it to thy tempels. Alſo ſeth Maſtike in water and drinke it, and it wyl comfort well the ſtomake, and make good degeſtion, and it comforteth

forteth and relayeth the ſtomake, and put it to Fenel ſede, and it put teth out winde out of the ſtomake, Alſo a playſter made of Maſtyke and Boyle Armaniake, and the white of an egge and vineger, and lay it on the forke of the ſtomake, or breſt, and it wyl conſtrayne well the colorike vanite. Alſo ſeth Maſtyke in raine water, and drynke it with warme water, and this medecyne is good for the Flure of the wombe that commeth of a ſharpe lare that was taken before to ſtop him. Alſo boile Maſtike in rayne water, or Roſe water with two or thre cloues and drynke it warme, and that comforteth the vomite or Flux of the wombe that commeth of ſharpenes and violence of the medecine. Alſo Maſtike muſt haue but lytel boylynge for hurtinge of his vertue, and it ſhulde be giuen warme, for it conſtrayneth more

whan

whan that it is giuen warme, than whan it is ouer much hote.

☞ Menta vyal.

☞ This herbe is called Mynte vial, his vertu is if it be ofte eaten it wyll slee wormes in a mannes wombe. Also if a mā haue botches or other renninges, or swellinge in his head, take this herbe & stampe it and lay it to the sore and it wyll heale it. Also if a mans toth or the flesshe of the toth ake or stinke, take this herbe and seeth it in whyte wyne, and in Vysell, and take the licoure and washe his mouth therwith, than take the powder of the herbe and rubbe wel his teeth therwith, and he shal haue a swete smelinge mouthe. Also take thou this herbe and Vysell and make sauce, and it wyll make the to haue a talent to thy meate. Also when there shalbe gyuen any medecine to destroye venim, it wyll be good to be

giuen

giuen with the toyce of this herbe, for it hath many vertues / namelye for venim, there be many spices therof and it is hote and dry in the seconde degre.

✠ Menta romana.

This is named white Mynte, the vertue therof is, the toyce wyll slee wormes in a mans wombe, Also the toyce wyll slee wormes in the nosthryllies of a man. Also the powder thereof cast in a mans meate, it shal make hi wel to dely his meate

✠ Menta rubea.

This is named the red Mynte, it is hote and dry in the seconde degre, and there be two other myntes, but I meane house Myntes, the whiche properlye is saide, garden Myntes, for that most comonly is in medecines both grene and dye, for greate holsomnes, it shulde be dryed in a shadowe place, and so it wyl be kepte a yere in great vertue

to

to dissolue or louse, to consume of his proper qualite. and to comfort of his swete sauoure, for the stinking of the mouth and filth in the gummes and of the teth, washe thy mouth and gummes w vineger that Mintes be soden in and after rub them with the powder of Mintes, or with dry Mintes to prouoke the appetide whan an impediment of the stomake that commethe of cold humours being in the mouth of the stomake, make a salue of Mintes and vineger with a lytell Sinamon and Peper, and vse it well against vomites that cometh of feblenesse of the stomake or of colde causes. Seeth Myntes in Sauge water and vyneger, and lay it on the mouth of the stamake with the Myntes that be sodden therein. Also giue to the pacient to eate of the same Myntes, for the syncopyn and feblenesse in fauers,

and

and without feuers, or of medecine or of what cause it be, stampe Mintes with vineger and a lytel wine, if the pacient be without feuer, and yf he be with feuer, stampe Mintes with vyneger alone, than make a toste of sower breade and toste it wel tyl it be almoste drye, than put it in that licoure and let it lye therin tyl it be wel soked, than put it into his nose and rubbe his lyppes, gums, teeth, and temples therewith and bynde it to the pulse vaine of his armes, and let the pacient eate the moystnes that is left, and swalowe it in. For to clense the mother, take the tender croppes of Myntes and seeth them in water or wyne, and playster it to the share, and to the raynes, against the congeling in a womannes breast, take the small stalkes of Myntes, and seeth them in wine and oyle and playster it about the tetes. Also be it knowen

that

that whan any medecine shulde be
giuen against venim, it shulde be
giuē with the iuyce of Myntes, for
Myntes haue a maner of strength
of drawynge oute of venym, for
els it shuld be with wine that Min
tes hath be sodden in, for stopping
of the splenne and the lyuer and of
the waies of the dryn of a colde hu
mour and of a hote without feuer.
Take the iuyce of Myntes alone, or
Myntes soden in wine or the iuyce
of Myntes medled with hony, and
giue it to the patient. To slee wor
mes in the bellye, take the iuyce of
Myntes and drynke it, and thou
shalte be hoole. Also the iuyce of
Myntes sleth wormes in thy eares
For a tetter take the iuyce of Min
tes and put therto brymstone and
vineger and medle them wel toge
ther and annoynt the tetter ther
with, and thou shalte be hole. For
a wounde in the head stampe Min

tes and lay thē on the wounde.&c. For paine in the side, take Myntes and seeth them in olde wine or ale, and with it stampe, xviii. graynes of peper and drinke it in the night, there is but lytel differēce betwene this Mynte, and the Romayne Mynte, this is the garden Mynte.

✲ Mercurialis.

This is called Mercurye, his vertue is good yf a man haue a-kynge in his wombe, giue hym to drinke the iopce and he shalbe hole it wyl clense the stomake, and the sede wyl do the same. Also the iopce tempered with white wine, is good to hele sore eyes, and yf a worme or other venim haue bytten a manne, take the iopce and warme it and washe it. Also if there be any wormes croppen into a mans eares, take the iopce and warme it, and put it into the eares, and he shalbe hole, this herbe is hote and moiste.

Mule-

✠ Milefolium

☞ Milefolye the leſſe, this herbe is called. There is no dyfference of kynde nor vertue betwene Millefoly the leſſe, and Millefolye the more ſaue the more groweth in gardens and the leſſe in wylde places, they be both of one ſtrength, his vertue ſhalbe declared in Mylfoyle the more folowynge by letter.

✠ Milefolium maior.

☞ This herbe is called Milfoyle the great or Yarowe. King Achilles founde this herbe, and with it he healed his men that were wounded with yron, for woundes ſtampe this herbe with ſwynes greece, and playſter it to the wounde & it ſhall heale it, and the ſame is good for an ache in the breaſte or ſyde, it is good for them that may not pyſſe, take the iuyce of this herbe and vynegar and drinke it, and meruelouſlye it helpeth a wounde, that hath

taken colde. Stampe this herbe in butter and laye it to the wounde and it wyll hele it well. Also to digest the stomake or that lyeth therin, take the iopce of it and medle it with water and honye, and drynke it warme. Also for deseases in the bodye, take the powder and medle it with wine or with good ale, and drynke it and it helpeth much. Also it is good for herte brennynge. Also for the head ache stampe this herbe and playster it to the heade. Also for biting of a woode dogge, stape this herbe with the graynes of wheate and it healeth it. Also for him that may not holde his meate, stampe this herbe with wyne and drynke it warme.

✣ Morella.

¶ This herbe is called pety Morell or nyghte shade, this herbe is colde and dry in the seconde degre, the leaues, the braunches, and the frupte,

frupte thereof be ryght good, and beste whan they be grene, they be good for stoppinge of the Splen, and the liuer, and best for the Jandesse to drinke the iopce of it with a litel Rabarbe. Also for a postume in the stomake, in the bowels or in the lyuer, seth the iopce therof with barly water, and drynke it.

✲ Motherwort or Mugwort.

☞ This herbe in latyne is called Artemesia, and it is hote and dry in the seconde degree, this herbe helpeth a woman to conceyue a childe and clenseth the mother, and maketh a woman to haue her flowers and it destroyeth the Smeraudes on this maner. Firste they must be gathered, then take powder of Motherwort, and of Horehounde togyther, and strawe it on the paps. Also if a childe be dead in the mothers wombe, take Motherwort and stampe it smalle, and make a

playster thereof and laye it to her wombe al cold, and with the grace of God she shall haue deliuerance without peryll, it is good for the stone and the grauel in the raynes of a man or of a woman, if a man bere this herbe vpō him, there shal no venemous beast greue hym. It is good for the yelowe landes and if it be dronken with wine, for it cō forteth the stomake & maketh a mā or woman to haue good coloure.

HIC INCIPIT LITTERA. N.

Napus.



THIS is named Nauewe, it destroyethe grounde that is fattye, and landy, it growethe beast in suche grounde. The property of the Nauewes is, he changeth and turneth into

into rape, and after that it turneth into Nauewe. The best do growe in grounde well donged and turned. Also it proueth well in places that stubble of Corne hath benne in the same yere. If they growe to thicke plucke some vp here and there, so that the other may proue the better and those that ye plucke vppe, set them in voide places. They shulde be sowen in the ende of Iulye, and in August, the best sauoured Nauewes be they that be longe and streyght, and not ouer greate nor braunches in the rootes, but a streyght roote. Also of Nauewes may be made a passing good meat with a lytell salte and vineger, honye and mustarde, and with sweete spices, and it may be made without spices, Nauewes be hote in the second degre, and they norishe much but they be hard of degestion, they make the flesshe softe and wyndye,

but lesse winde than rapes. Therefore whan ye seeth them in water, caste that water awaye, and seeth them in an other water, and so his harde substaunce is tempered by that, and so meneye betwene good and euyl, they gender nozyshynge, for they that be thus wel sodden be not harde of digestion, they make one wyndye, and they make stopping of vaines and of poores, but yet they be profitable if they be sodden twise, and bothe the waters to be cast awaye, and they to be soden with the thyrde, with fatte flesshe.

☞ Nux muscata.

☞ Nutmegge is hote and drye in the seconde degre, the best groweth in Inde, and in the tyme of his typping it is gathered, and seuen yere it may be kept, they that be playne and heuy after their kinde, be best to be chosen. Also whan they be broke they fal not to powder, but they

haue

haue a swete and sharpe sauoure, if they lacke any of these aforesaid they be not good for medecines, he hath vertue of comfortinge by his swete sauoure, for coldnes and feblenes of digestion of the stomake take in the morning halfe a Nutmege or a hole Nutmege and eate it. Also for a colde stomake that is feble of digestion, and for the liuer giue him wine that the Nutmeges is boyled in. Also for the same boile Nutmeges and Mastike in wyne and drinke it, this is good for the deseases in the stomake and in the bowelles to breake winde. Also in the recouering of a sickenes to cõfort the spirituall members, boyle Nutmeges and Mastyke in wyne and drinke it. Also take a Nutmege and smell to it, and it wyl comforte the spirituall members.

☞ Nenufar.

☞ Nenufar is a water Lylye, and

growethe in waters, and hath a white flower, the leafe therof lyeth alwayes aboue the water, it is colde and moyst of operacion and a verye profitable herbe to make lyropes and drinkes for al maner of hote Agues and Feuers that commeth of great heate of the lyuer. Also the flowers of this herbe stryped a night in water, and the water drunke in the morynge and the flowers put into the nosethyrlles, taketh awaye all the peyne in the head engendred of heate.

☞ Nigella.

Nigella is called Cockell. Also a plaister of the meale therof with the ioyce of Wormewode and laid to the naupl sleeth Wormes in the wombe and specially in chyldren. Also the seede steped all nyghte in white wine, and the wine drunke in the morning, heleth the strangury, dyssury, and Ylyacke passyon.

Nur

☞ Nux communis.

¶ The Walnut eaten with Rewe is good agaynſt all venim, and yf it be ſtamped with Salte and an Oynō, it is a good plaiſter for the bitinge of a madde dogge.

☞ HIC INCIPIT LITTERA. O.

¶ Olibanum.



LIBANVM, is called Frankenſence, this is hote and drye in the ſeconde degre, it is a Gumme of a tree in Inde, the cleereſt is the beſt. Alſo there be trees of that kind growing in Damaſke but not cleere nor good, for it is darker of coloure, therefore it is to be refuſed in medycine, it hath vertue of comforting by his ſwete ſauour Alſo of cloſyng and conſtraynynge

for

for the tothe ache that commeth of superfluyte of humours of the head, and specially by the paynes, make a plaister of powder of frankensence with wyne and the whyte of an egge medled them togyther, and playster them about the temples. Also to stoppe the wayes of the paynes aboue, take Frankensece and chewe it wel in thy mouth and that shall stoppe and lette the flux of humours coming downe to the noseth̄yrles. Take pylles of Frankensence and swalowe them downe in the mornyng, than boyle Frankensence in wine, and at euen dr̄ynke that whan thou goest to bedde. Also these pylles be good to helpe the digestion of the stomake and good against sore balkynges. Also to the comfortynge and clensinge of the matrȳce, and helpinge of conception in the receiuing the fume of Frankensence bineth. Also

boyle

boyle powder of it in wine & whan it is metely warme dip a clothe in and lay it so warme to the share of the pacient, and greatly it comforteth the Matryx.

¶ Oliandrum.

Oliandrum, is an herbe called Oliandre, the leaues thereof are like to Laurell but they be longer, this herbe sodden in water helpeth againste scalded legges, yf they be well bathed therin.

¶ Olium oliuarum.

✠ Oyle of Olive is very profitable for one that is bytten with a mad dogge, yf the wounde be rubbed therwith, with a newe clothe tyll it blede.

¶ Ordeum.

Ordeum is Barlye, the vertue therof is if it be boyled with Licorise in water, it helpeth the Feuer, and impostumes in the breast and shorte rybbes. Also the meale ther-

of

of mixed with egges and vineger, and playster wyse layde to an impostume, it letteth the impostume to growe or go any further. Also a plaister made of the meale thereof, mixed with Turpentine, hony, and Lylly rottes, softeneth and ripeth impostumes.

HIC INCIPIT LITTERA. P.

Papauer.

THis is called Popie, it is cold and dry. There is two kindes of them. The whyte Poppe is colde and moist, and it is good to cause one to sleepe. The seede thereof well gathered may be kepte ten yere, it hath vertu of clensinge. It is put in medecines with a determinacion as the sede may be receiued of white Popy or blacke.

For

for to prouoke a slepe, make a plaister of eche of them, or one of them with womans milke, and the white of an egge and lay it to the tẽples. The women of Salerne gaue to their children the Poppe but they wolde giue them no blacke Poppe for it made them to much heuy. Also for a hote postume in the beginning, and for chafing of the lyuer, take the seede of white Popp or els the herbe of it and stampe it and medle it with Oyle of Roses, and plaister it to the greuance. Also for dymes in feuer ettike and in other feuers, take and hete Oyle of violets medled with powder of Popp seede, and anoynte the small of the backe therwith.

✠ Parataria.

☞ This herbe is called Peritory, and it is hote and dye, the vertue of this herbe is thus. If a manne haue an eupl stomake, or els akyng

within

within hym, take this herbe and seth it in thy potage and eate therof and thou shalte do well. Also this herbe is good to heale one of the stoone yf he be bathed with it, and also drinke with posset ale.

☞ Pastinaca.

❧ This is called a Persneppe, it is hote and moist in the seconde degre. There be two maner of Persneppes, the one is the Persnepe of the garden, and the other is the wilde Persneppe, the garde Persneppe is vsed more in meate than in medecine, hys vertu is to engẽdre thicke bloude and much, wherfore it stirreth the lust of the body yf it be much vsed, therefore it is good for a man that is newely recouered out of his great sickenes to vse to eate it a while. Also they be good to be eaten rawe or soden, for the melancolye humours, grene and dry. To make a clrope to stirre the lust

of

of the body, and for to comfort the digestion, take rootes of Persneps and seeth them wel in water, than take them out and caste awaye the water, & the rootes that be in gobbettes boile them againe in water, than put therto hony wel clarified and let them boile vnto the thickenes of hony and continually stirre it, that it cleue not to the vessel and in the midle of the boyling, put in Almondes if ye haue them, in the ende of the boyling, put in ginger, Galingale, and a lytell Peper, and Nutmeges, and other swete sauoured spyces. Also Persneppes may be sowen in December, Januarye, and Marche in fat grounde deepe doluen and lose grounde and best digged, and they be somwhat windye. Boile them in two waters, but cast away the first water. Also there is Persneppes that is somewhat redde, the which may be eaten both

rawe and ſodden, and with them and Nauewes togyther ye maye make a very good meate, and faire and redde in coloure the whiche be ſodden as Perſneppes be.

Piper.

✠ This is called Peper, it is hote and dry in the thirde degre. There is thre maner of Pepers. Blacke, white, and longe. Diaſcorides, and Conſtātine ſaith that they be frutes of trees growynge in Inde, and ſome ſaye ꝑ Peper is made blacke with brennynh in the fyre, for whan it is gathered there be a great multitude of Serpentes about it, and therefore they put it in the fyre to bren the Serpentes that be about it, the Barſons dry it in an ouen, bycauſe it ſhall not encreaſe in an other lande. But of al the Pepers the blacke is the beſt, and the moſt holſome. Take Peper and put it in to the noſethyrls, and it wyl make

the

the to nese, and seth Peper and figges in wyne, and drynke it and it wyll clense the spirituali membres of toughe humours and it is good for the pose that is taken of colde. Also for the same eate powder of Peper with figges. Also powder of Peper put in a mans meate comforthe the digestyon of the stomake. Also put longe Peper in a rosted apple and eate it, and it shal comforte the digestion. Also powder of Peper wyl freat away dead flesshe, or proude flesshe, and longe Peper comforteth more thā blacke Also blacke Peper hath vertue of lousinge, comfortinge, and of drawing, it clenseth the spirituall membres of olde slewme and vycyous humours, and best whan the powder of it is eaten with figges, for it hath great strengthe of hetynge and comfortyng the stomake prouoking appetite, but to Sangupne

and Colorike persionnes, it is not good to vse Peper, for it dryeth and brenneth blode, and it engendreth leper, and other cupl sickines. Plato sayth that Peper is foule to see in syghte, without blacke and within with a sharpe sauour and a sweete Odoure, lytell in quantitye and muche in vertue.

☞ Petrocilinum.

☞ This is called Persly, this is hote and moyste in the seconde degree. It multiplieth greatly mans bloude and doth away the Tisike, it helpeth wel to destroy the Feuer tertian, it is good for the syde and the dropsye, it comforteth the herte and the stomake, and it is good in potage and to stoppe Chickens.

☞ Peucedanum vel Feniculus porcinus.

☞ This herbe is called Waith or Hogges Fenell, this herbe is hote and dry in the seconde degre, whan this

thy herbe with vineger and drinke it. Also it healeth woundes, and clenseth the fylth out of woundes. Also it swageth rankeling & staunche the the memeyons bothe with drinke and with playsters made with powder of Armoniake and of Sandrago wne and Barly medled with the white of egges made in a plaister and layde to the sooze, for the Canker and the payne in the gummes, take the ioyce therof and medle it with honye and vyneger and powder of Allume, and that shall flee the Canker in the mouth. Also for the Feuers stampe, thre rootes of Plantayne, and temper it with water, and gyue hym to drinke that hath the feuers and he shalbe hole, for the Jandes stampe Plantayne and Lettyse togyther, and temper them with vineger and make a plaister therof and lay it to thy right side, and vse it tyll thou

be

be hole, and it is good for the by-
ting of an Adder, drinke the iuyce
of it and lay the substaunce of the
herbe to the sore, for the same hãge
the roote of Plantaine aboute the
necke of the paciente, and merue-
louslye it helpeth, for the Gout and
for the desease in the sinowes, stãpe
the leaues of it with a lytell salte,
and plaister it wel therto, and mer-
uelouslye it helpeth.

¶ Polipodium.

☞ This is called Pollypodye, it
is hote and drye in the seconde de-
gre. This Polypody is a Fearne
that groweth vppon Okes or on
walles or stones, but the Polipody
that groweth on okes is the beast.
Gather the rootes of it and laye it
a daye in the Sonne, chose that is
greene, and that whiche appere dry
whan it is broken, it is to be refu-
sed, he hath vertue of dissoluinge,
of drawinge, of purginge flewme,

and

and ſpecially melancoly, wherefore commonely he is put in boylynge to flumatike & melancolyous hole men, to preſerue theyr health, and knowe well that in the boylinge of Polipodye ſhulde be put in ſome thing to exclude and put out ventoſite, as Anyſe ſede, Fenell ſede, or Comin, or els all theſe aforeſaid ſedes togither, for they exclude out muche wynde and vnbinde the humours. Alſo for the Cotidian and for Iliake paſſyon, and to kepe a mans health do thus, ſtampe halfe an vnce of Polypodie, or an vnce yf ye wyl haue it muche laxatyue than boile it with Pzunes, and violets in Fenell water or Anyſe, in a great quantite, than ſtrayne it and giue it the pacient at mornyng and euenyng. Alſo ſtampe it and ſeth it in water with Fenel ſede and with water, and make a brothe with a Chickin therein, with ſwete ſauou-

red

red ſpices, and giue the patiente to eate. Alſo make a drinke therof after this maner, ſtampe it and boile it in wine, and after put more wine therto and ſo make vp your drinke with ſwete ſauoured ſpices.

☞ Porrum.

This is called a lyke, it is hote and drye in the .ii. degre, it deſtroyeth louſe grounde and fat & well dunged, in that they ſhall beſte profite in hote places & temperate. They may be ſowen in December in temperate places & colde. They maye be ſowen in January, February, & Marche whan the grounde is wel dygged and dyghte, and it may be ſowen by it ſelfe or medled with other ſedes of herbes, in good fatte grounde well dygged and turned aboue it with good dōge, this ſede wolde be ſowen somewhat thycke, and whan they be somwhat ſprōge take vppe the greateſt Lekes and

plante

plante them in fo3owes, but take awaye none of they3 rootes whan ye set the in the fo3owes, but whan ye set them with a dyble, than caste awaye the rootes almoſt vp to the leke head, and cut away the vpper=moſt of the leues, they may be plan ted in Julye, Auguſt, September, and October, they be muche p3oft=table in Marche, and in Apryl next folowinge, but in your plantynge you ſhall not ſeke after fatte ſofte grounde, fo3 menely grounde that is almoſt d3ye is beſt, there is two maner of ſetting of Lekes, one is in fo3owes, as is the maner in Bo=nony & the one fo3owe muſt be fro the other a ſpan large, and the Le=kes muſte be ſet in the fo3owe .iiii. fingers b3ede, eche fro other, and whan ye make the next fo3owe, caſt the earth on the Lekes and treade it downe ſoftlye with thy fote. The ſeconde maner is thus, whan the

grounde

grounde is well dygged and raked. than make holes with a great dybie and euery hole from other a large span and moze. in whiche the Lekes muste be sette, but fyll not thy hooles noz put earth on them, but let them be boyde thze wekes, whan wedes growe amonge them pull them vp and kepe them clene fro wedes. Dyuers auctours saye that the Lekes that be thus planted be better thā any other, oz they may be well planted among great onyons, and whan the onyons be taken awaye, wede the Lekes and you shal fynde thē faire and good, and whan ye plucke vp leaue some in a place, and leaue some foz sede the whiche sede may be kepte thze yeare and it be hanged vppe in the hulles. lekes be best sodden, oz thze tymes washed before they be eaten Foz a wounde take lekes & stampe them well with hony and laye it to

the

the wounde and it wyll heale it, for the coughe take the iuyce of Lekes vse to dryncke it, for the same take the iuyce of Lekes & medle it with womans mylke and vse to dryncke it, and it wyll clense the longes of all vyces.

Fracturas solidat duritiasque relaxat.

Vulnerisque appositum: ceto cum sale cla[illegible]it.

Piretrum.

This is called Pelleter, it is hote and dry in the seconde degre. the roote is vsed in medecines, fiue pere he may be kepte in is vertue, and knowe ye well that his sharpnes is not knowen, it shuld be pownded and holden in the mouthe. He hath vertue of lousinge, and drawing, and of consuming. To make a gargarysme, take Pelleter and figges and bople them in vineger, or swete wine, and it wyll clense the

brayne

braine of superfluite of flewme. Also yf it be chewed in the mouthe it healpeth the palsye in the tongue, Also for the palsye and the Goute, stampe it and seeth it in wyne and oyle and plaister it to the greuāce, this plaister helpeth muche, therefore if thou may haue grene Pelytor stampe it and lay it sokynge in wine fyftene dayes, and after boile it well and put thereto waxe and oyle, for this is the best oyntmente for all the forsayd deseases.

¶ Pruna.

☞ Plummes be colde and moyst, some be white some be blacke, and some be red. They that be blacke and somewhat harde be the beste, they be called Damsons, and whan they be rype gather them and slyt them and sprynge vineger vppon them, and so they may be kepte in a vessell of woode a yere, and fyrste whan they be cut they must be laid

in

in the Sonne fiftene dayes to dry, these Dãsons haue vertu of coldenes and clensynge of the inwarde partes, wherefore they be good in Feuers that be sharpe and for costiuenes of the bellye that cometh of drynes or of Colorike humours dryenge, yf they be newe giue hym them to eate, yf they be drye boyle them in water and giue the pacient to drynke thereof, this is good for the Feuer tertian, for stoppinge of the lyuer, for the Jandes, & sharpe Feuers, it softeth the bellye, it is good for defaute of appetite, and for many other deseases.

☞ Pulegium.

☞ This is named Pulioll royal, it is hote and dry in the second degree. In the tyme of flowrynge it shulde be gathered, and it may be kepte in his vertue a yere, whan it shalbe vsed in medecines, take the leaues with the flowers and stripe

them fro the ſtalke, and it hath ver tue of loſing and conſuminge, for colde humours in the heade, take powder of it and heate it well in a ſkyllet, and all hote binde it to the greuaunce without any lycoure. Alſo for a great colde taken in the heade, and for a toughe humour or a watery humour, make a gargarylme, ſeth Polypall royall and dry figges in a tarte vineger, and take a good ſponfull thereof as hote as ye may ſuffer it, and holde it in thy mouth tyll it be almoſt colde, than put it out and take aſmuch more, and do ſo thre or foure tymes, and that ſhall purge thy heade well of flewme. Alſo ſeeth it in wine and drinke it, and it is good for the deſeaſe i the ſtomake and guttes, and for colde cauſes, for the wynde in the ſtomake. Alſo it is good for toughe flewme in the breſt, yf thou take pouder of it and medle it with

clarified

clarified hony, and make a lectua-rie therof, and vse to eate therof, or take the herbe thereof and boyle it with wine, hony, or water, and vse to drike therof. Also for the blacke coloure, drynke the iuyce of it or boyle it with wine and thou shalte be hole. Also for an ytchinge byle, lay this herbe in water and vse to washe the ytchinge therin warme and thou shalte be hole. Also for ache take this herbe all grene and stampe it and plaister it to the ache and it wyll ease it. Also against the coughe boyle this herbe in wyne, and drinke it luke warme and this wyl make one to pysse wel. For the desease in the bellye, stampe this herbe with Comin and water, and laye it hote to the naue! and lyghtly it shalbe hole, for the deseases in the liuer stampe this herbe and tem-per it with water and vineger, and drinke the iuyce thereof, and thou

ſhalbe hole. For an ache in the leg-
ges or armes, take the leues of El-
ders. and Pultoll royall of euery
lyke much, and ſtampe them togy-
ther wel and playſter it to the gre-
uaunce, and it is good for the Fe-
uer tertian, yf thou take the braun
ches of this herbe and wrappe it in
a good locke of wol, and giue it to
the pacient and let him ſmell ther-
to, before the Feuer come to hym,
and that ſhall do him great eaſe.
For the heade ache take this herbe
and binde it faſt rounde about thy
head and anone it ſeaſeth the ache.
Alſo yf a womanne haue a deade
chylde in her wombe, ſtampe this
herbe and gyue her to dryncke with
olde wyne, and ſhe ſhalbe dely-
uered of it by the grace of God.
For the Crampe dryncke the ioyce
with vineger faſtynge, and it wyll
put it awaye.

Hic

HIC INCIPIT LITTERA. Q.

Quinque folium.

QUynckefolye is colde and dry in the seconde degree, thys herbe is good for ache in a mans limmes, and for ache in the head, mouthe, tonge and throte that be sore, take and seth thys herbe in wyne and gyue the pacyente to drinke therof thre daies tryste and laste and he shalbe hole. Also stãpe it and drinke the iopce of it in ale, and it wyll ceasse the akynge and gnawinge of a manne or woman. Also if a man blede sore at the nose gyue him to drinke the iopce of it with wine, and anoynte his heade well with the iopce of this herbe, and anone the bloude shal stanche. For to slee a Canker, seth it in wine and the grece of a swyne and make

a playster therof and laye it on the Canker and it shal ete it. Also take powder of quinkefoli and medle it with hony, and therwith rubbe thy mouth, tongue, and throte, and the chekes within and it wyll purge it wel. Also for poyson and biting of a serpent, take the ioyce of quinkefolye and drynke it with wine and meruelously it resisteth venim.

HIC INCIPIT LITTERA. R.

Redde nettels.



THIS herbe is good for hym that hath the foundament cõming forth, and for the Biles and Emeraudes, take Redde Nettels and stampe them smalle and seeth them in an erthen pot with a porcion of white wine tyll halfe be wasted, and giue the

the pacient to drinke first and laste warme, and laye the herbes to the foundamente as hote as the pacyent may suffer it, and vse this medecine tyll it be hole.

☞ Rybworte.

☞ Rybworte is good for the feuer quartayne, take the iopse of this herbe and drynke it two houres be fore ye thinke the desease shal come to you and by the grace of God it shall go from you.

☞ Rosa rubea.

☞ This is the redde Rose, it is colde in the fyrst degre, and dry in the seconde degre. Dyre Roses and grene Roses be vsed in medecines, and of grene Roses be made many confections. Also dry Roses be put in medecines, whan a receite of roses is made, for they be lone made in powder, of Roses is made Melrolet, Suger rolet, sirop of Roses, alectuary of Roses, water of roses,

and oyle of Roſes, Melroſette is made thus, take faire purified hony and newe redde roſes, the white endes of them clypped away, than chop them ſmal and put them into the hony and boile them menely to gither, to knowe whan it is boyled ynoughe, ye ſhall knowe it by the ſwete odour and the colour redde. Fiue yeres he may be kepte in his vertue, by the Roſes he hath vertue of comfortinge, and by the hony he hath vertue of clenſynge. In Wynter and in Somer it may be giuen competently to feble, ſycke, flumatike, melancoly, and colorike people. Alſo Mulſa is made of water and Melroſet, and it may be gyuen after the thyrde day that it commeth oute of the boylynge for to clenſe the ſtomake of colde humour, giue him Melroſet with water that Fenel ſede is boyled in putting therein thre graynes of ſalte,

yf

yf the sycke may take it this shuld be the quantite of Roses and hony In seuen pounde of Honye put a pounde of Roses. Suger roset is made thus. Take newe gathered Roses and stampe them ryght smal w̄ suger than put it in a glasse and xxx. dayes let it stande in the sonne and stirre it wel and medle it wel to gither, and so it may be kepte thre yeres in his vertue. The quantyte of Suger & Roses shulde be thus, in.iiii.pound of Suger a pounde of Roses, he hath vertue of cōstraynynge and comfortynge of the flux in the wombe. Take Suger roset and powder of Mastyke of euerye one a dram, and medle them wel to gether and gyue it to the sycke, after that gyue hym rose water that Mastyke and cloues be sodden in. Syrope of Roses is made thus some do take roses dyght, as it is before sayd and boyle them in wa-

ter, and in the water strayned they put Suger and make a strope ther of. and some do make it better for they put roses in a vessell hauyng a strayght mouthe, and they put to the Roses hote water and they let it stande a day and a nyght, and of that water putting to it Suger they do make stroppe, and some do put more of Roses in the forsayd vessell and more of hote water, and let it stande as is before saide and so they make a red water and make therof a strop. And some do stampe newe Roses, and then straine out the iuyce of it and suger therewith they make stroppe: and this is the best making of stroppe and knowe ye well that stroppe made of freshe and newe Roses, firste somewhat meanely they laxe, in the ende they binde, but stroppe made of dyp Roses fyrst and last they binde. Syroppe of Roses hath vertue of com

forting

fortyng, and constrayning against the fluxe of the wombe and the vomite, giue it to him with raine water or with Rose water in a Feuer. After letting of bloude, giue it him with colde water. Also the same for the Syncopine. Oyle of Roses is made thus, some boyle Roses in Oyle and kepe it. Some do fyll a glasse with Roses and Oyle, and they boyle it in a Caudron full of water, and this oyle is good, some stampe freshe Roses with oyle, and they put it in a vessel of glasse, and set it in the Sōne. iiii. dayes, & this Oyle is good against chafynge of the lyuer, yf it be anoynted therewith. Also it is good for the deseale in the heade that commeth of hete, anoynte the forheade and the temples with Oyle of Roses. The water of Roses hath vertue of comforting and constrayninge against the flux of the wombe and vomite.

Also

Also gyue hym Rose water boyled with Mastyke & cloues, it is beste agaynste the fluxe and feblenes of vertue, if it come of a fluxe by a sharpe medecyne, Also Rose water is good for the Syncoppye & the Cardyacle gyue it hym to drynke and sprynge the water on his face and the water is good for eies and in ointmētes for the face, for it taketh away the wēmes & the superfluyte & strayneth the skin. Also dry roses put to the nose to smel do cōforte the brayne and the herte and quencheth the sprite. Also againste the fluxe of the wombe of coloure gyue him Roses boyled in rayne water. Also a playster made of roses & the whyte of an egge and vyneger and dyp a sponge in it and lay it on the mouth of the stomake againste the syncoppye, gyue hym to drynke water that Roses haue ben boyled in, & gyue him pouder

of

HIC INCIPIT LITTERA. S.

Saluia.



Age is hoote in the firſt degre, and dꝛye in the ſeconde degre, the leaues onelye be taken in medecynes both greene and dꝛy, he may be kept a yere, there be two maner of Sages, the garden and the wylde ſage If thou wyl haue Sage in foꝛ medecines take the leaues of garden sage, foꝛ that conſumeth moꝛe and cõfoꝛteth moꝛe than the other doth Foꝛ the Palſye ſeeth the leaues of Sage in wine and vſe to dꝛinke it. Foꝛ the ſame ſeth the leues in wine and plaiſter to the greuance. Alſo it is good to put in ſauce foꝛ the ſtranguri, the flux, and the matrice it clenſeth, ſeth the leaues in water and let the pacient ſyt ouer it, and

receyue the hote fume of it and it ſhall do him much good. Alſo it is good for veni or poiſon, ſeth Sage in Ale or wine and vſe to drinke it thre dayes and thou ſhalte be hole by the grace of God. For the ſtomake, drynke the ioyce of Sage with water & honye, and it is good to clēſe a mans body to vſe it both ripe and grene, it wil make a mans body cleane, therefore who that vſeth to eate of this herbe or drinke it, it is merueyle that any inconuenience ſhulde greue them that vſe it. If ye haue an ytchynge on you waſhe it wel with the ioyce of this herbe and it ſhall ſle ytching. Alſo drynke Sage with wine and a lytel wormewode, and it ſhall ceaſe the ach vnder the ſides, the wombe and the ſtomake, it is good for the palſy and dropſye.

☞ Saturegia

☞ This is called Sauerye, it is hote

hote and dȝe in the thyȝde degre, ſeth it in wine oȝ water and dȝinke it, and it purgeth the raines, the bladder, the menſtruoſite in the bowelles, it purgeth the longes, and loſeth greate humours, and compelleth and putteth him out by the mouth by ſpitting, therefoȝe he is bȝennynge and ſtirreth him that vſeth it to lechery, therfoȝe it is foȝbyden to vſe it muche in meates. Soke it in vineger, oȝ wyne and dȝinke it and it ſhal make the haue a meke ſtomake. Alſo whan it flowreth it ſhuld be gathered and dȝied and pouder made therof. Alſo take the powder of Sauerye and boyle it with clarifyed honye and vſe to eate therof, oȝ boyle it in wyne and dȝinke it, and it wyll louſe toughe flume in the bȝeſt. Alſo foȝ fretinge in thy belly dȝinke powder of it in warme wine and thou ſhalbe hole. Alſo yf ye take the leſſe Sauery it

hath the same vertue and strength that the other Saucry haue. Also make grewell with water and flower and powder of Saucrye, and eate therof and that shal clense all the spirytuall members of a man.

☞ Sauayne.

☞ This is hote and dry in the seconde degre, it is good to slee wormes in the wombe, and to bringe them out yf it be sodden in wyne, and giuen to the pacient to drynke It is good with butter or Grece to make an oyntmente for the scabbe that renneth to heale it, and drye it vp, and it is good for the head ach yf it be stamped and tempered with vineger and make a plaister therof and laye it to the temples, and vpon the molde of thy heade.

☞ Saxifragia.

☞ This is hote and dry in the . iii. degre, for the stone seth the roote of it in wyne and drynke it. Also it is good

good for the desease of the Colyke and the straungury, and the pouder of it be eaten with an egge, it is good for the same. It may be kept in his vertue thre yere.

☞ Scabiosa.

☞ This is called Scabious, it is hote & dry in the. iii. degre, to dry it there is no profit in it, for scabs take ỹ toyce of it, vineger, & oyle & boile thē togither tyl they waxe thicke, & kepe it for it is good for scabbes. For the Emeraudes seth them in water, than sit ouer it and take the fume of it and vse it and thou shal be hole, stāpe it and seth it in wine and the drynke is good to destroy humours in the stomake, & drinke it euery day fasting with Euphrase and thou shalte be hole, and thou shalt neuer haue the pestilence brē ding within the whyle thou do vse it. For the Lyuer stampe it and seth it in wyne and drynke it.

☞ Scamony,

Scamony is hote and dȝye in the thyȝde degre, the leaues onely be beast in medecines, it maye be kepte a yeare in his vertue oȝ two foȝ nede. Foȝ the desease in the stomake boile the leues of it in wine & dȝinke it. Also the aforesaid dȝinke is good foȝ the bely, & foȝ the straungury and fluxe. Also a stewe made with boiling of it in water, oȝ wine is good foȝ the foȝsaid desease, yf it be boiled in Oyle and plaister it to the foȝesaid desease foȝ it is better.

☾ Sene.

Sene is hote and dȝy in the seconde degree, it groweth in the other side the sea, and most aboute Babilon: the beast be the flowers and the bȝanches of it. It is good foȝ many deseases, as the fallinge euyl, foȝ the Synacop, foȝ the splen foȝ the Emeraudes, & foȝ the quartaine, stroppe made of it boiled in water

water and Suger is good for all the a forsaid. Stroppe made with the iuyce of Borage is good for the forsaid. Also Diascorides commaundeth to make Ermel of the forsaid with boiling of vineger and hony and it wyl be good for the forsaid, and this herbe may be kept.x.yere.

☞ Sengrene.

☞ This is colde and moyst in the thyrde degre, the iuyce of thys herbe and also the same herbe is right necessarye for many deseases, stampe this herbe with Grece and plaister it to the desease and mermelously it helpeth. For desease and darkenes of eyes, stampe this herbe and put of the iuyce in the sore eyes. For chafinge of the inner take the iuyce of it and vineger and dippe a cloth therin, and plaister it to the greuaunce. For biting or scalding make an oyntment of the iuyce of this herbe and Oyle of Roses and

ware, but lay it not to tyl after the thre first daies, but first anoynte it with greee and such other. Also for a desease of a hote cause this herbe is good to be layde therto.

¶ Selondine.

This is hoote and dryc in the second degre, and Galien saith that it is good for sooze eyes, take the toyce of Selondine and boile them wel togither in a panne and whan it is colde anoynt the eyes therewith. Take Selondine and wryng oute the toyce and meddle it with white wine, and anoynt thy vysage therwith and it shall do away frekels of the vysage, the toyce of Selondyne and Gotes donge medled togither small in a mozter, than yf thou laye it to a Canker in a womans pappe it shall sle the Canker Also take the toyce of Selondine and powder of brymstone and medle them well togither and it wyll helpe

helpe to do awaye the Mozfewe. And ſeth the roote in wine, & whan the pot is taken downe lette hym holde his mouth open ouer it that the bzeeth may go into his bodye, and that ſhall ꝺe the Canker in the mouthe, it is good to hi that hath dzonken venim with his owne ſtale and that wyll ſaue hym.

✠ Sinapium.

Sinapium is called muſtarde it is hote and dzye in the medle of the thyrde degre, and not the herbe but the ſeede is put in medecines. Fiue yeare he may be kepte in his vertue. He hath vertue of louſing, of dzawing, of making thin, and of conſuming. Fo2 the Palſye of the tongue, take and chewe the ſede in your mouth and holde it vnder the tongue, and it ſhall do you good. Alſo fo2 the Palſye in other members ſeth the ſede in wine and laye it to the ſoze place, and it is beſt in

the

the beginninge of the desease. Also take the powder of it, and put it into youre nosethyrlles and it wyll make you to nese and it clenseth the brayne, and superfluyte of flewme. Also seth it in wine and figges and holde it warme in your mouth tyll it be almost cold than take asmuch more and do so fiue or sixe tymes a day, asmuch an other day and this is good for an olde pose of toughe and flumy humours in the heade. Also for stopping of the splen and the lyuer, seeth the seede in water, with rootes of Fenell than straine it and put therto hony and gyue it to the sicke to drynke. For hardnes of the splen seth the herbe of it in wine and plaister it to the greuāce, for to rype and breake a postume, stampe this herbe well with hogs grece and lay it to the postume. Also for the Strangury take the sede of this and seth it in oyle and wine

and

and plaister it to the greuance and it wyl louse it. Also for the Ciatica and for other olde sores take Mustarde seede and the thyrde parte of cromes of white bread and figges hony and vineger after as the ache of the sore requireth, the more of the figges and the honye, that is ther the more sharper is ỹ strength of the sede, and the more bread and vineger that is in it, the more weiker is the sede, but I saye not that ye shall put this confection to all sores, but to great and olde sores. His vertu is yf he be eaten it sharpeth a mans wyt, it clenseth the belye, it breseth the stone, it purgeth the vryne menstrosite, and comforteth the stomake.

¶ Sothernwode.

THIS herbe is good for the coughe, and for biting in the belly, and in the brest and for the desease in the bones, and good for them that

that may not well pysse, take the
sede of this herbe and stãpe it and
drynke it with water, & it is good
for all the aforesaide. Also for the
deseases in the syde, stampe this
herbe with Betayne and drynke it
and it helpeth well. Also for the vt-
ting of a Serpent and for venim,
stãpe this herbe and drynke it with
wyne and it is good. Also for the
cold Feuer stampe this herbe with
wyne and drynke it, and thou shalt
be hole.

¶ Sticheworte.

This is called Stycheworte,
or Bistongue, this is hoote and
moyst in the fyrst degre, the vertue
of this herbe is, it is good to heale
woundes and sore eyes.

¶ Smalage.

Take Smalage seede, Rewe
sede, Peper and salte, and grynde
them well togither and temper the
with wyne and drynke it, for it is
good

good for cold and cupll humours in the stomake and comforteth the stomake, the lyuer and the longes, it is good for woundes. For ranke linges, and to cease the brennynge, and akinge, and to bryngе them to their kinde againe. Also it is good to drinke for the Feuer tertian.

HIC INCIPIT LITTERA. T.

Tapsus barbassus.



Hys is called Molen, it is colde and drye. If it is good for the Emeraudes, and it be sodden in wine, and scommed clene. Also it is good to washe the greuaunce therwith, it is good also for the fluxe, in the bellye.

Towne cresses.

¶ This herbe is hote and drye in the seconde degre, the sede wyl endure

dure good fyue yere. It is good to
ſtaunche the flure and the mencion
yf thou take the ſeede and bruſe it
in a morter of braſſe and gyue the
ſicke to drynke therof thre dayes e-
uery daye a penye weight at ones
with red wine warmed and in thoſe
thre daies he ſhalbe ſtaunched, or
els he ſhall dye of that euyll, it is
good for the palſy, and for the male
ſtake, take the ſede and ſeth it with
wine and do it in a poket and bind
it to the ſyde there as the greuance
is. Alſo it is good for him that mai
not wel piſſe, take the ſede and ſeth
it in wine and Oyle olyue and bind
it to thy ſhare. It is good for a
mans fundament that goeth out,
yf it be take of colde than it muſt
be put in agayne, and ſtrawe the
powder on the fundement, thy ra-
nes with hony, and than ſtrawe the
powder aboue with the powder
of Comin, or powder of Calafiue,
for

for all these be kyndelye for it. Also take the stalkes of Towne cresses, and bren them and there shall no venemous beaste, ne worme abyde the sauoure nor smel therof, but he shall dye or flee awaye.

HIC INCIPIT LITTERA. V.

Uerueina.



Eruaine is hote and dry in the second degree. It is good agaynste all maner of euylles of venim, yf the patyent drynke it tempered with wine, and stampe the herbe and lay on euery maner of biting of venemous beast, and it wyll drawe out the venym and saue the sore, who that vseth it, it wil make him good breath, and do awaye stynke of the

mouth. Also who that hath the feuer tertian take thre rootes & .iii. crops of the same herbe, & stampe them and temper them with fayre clene water and giue it to the pacient to drinke. Also who that hath the feuer quartaine let hym take ỹ same drynke. Also it is good for the stomake, the liuer and longes. Also take Veruaine, Betaine, and Saxifrage, and of euerye of them lyke much and stampe them with wyne tempered, and this is good for thē that hath the stone. Also they that bere Veruaine vppon them, they shall haue loue of great maysters & they shal graunt him his asking if his asking be good and rightful

☞ Viola.

☞ Violet is colde in the firste degre, and moiste in the .ii. For blaste in the eyes, take the rootes of Violets, and stampe them with Myr & Saffron, and at night lay it to the

foze eyes. Also foz a wounde in the head stampe the leaues of Violets with honye and vineger and playster it to the wounde and it shall heale it. And foz them that may not slepe foz sykenesse, seth this herbe in water and at euen let hym soke well his feete in the water to the ancles, whan he goeth to bed binde of this herbe to his temples and he shal slepe wel by the grace of God. Take Violets, Mirre, & Saffron, and make a plaister and lay to the foze eyes that be swollen, & it shall cease aking and bate the swelling.

☞ Uua suauis.

☙ This is called the swete Raysen, it is hote and moist it hath vertue of clensinge, scouringe oz smothinge. Raysens eaten oz boiled in wine is good foz the colde coughe, seth them in wine and they be good to playster on the colde postume, and good foz a colde stomake.

❧ HIC INCIPIT LITTERA. W.

☞ watercresses.



Watercresses be hot and drye in the seconde degree, seeth them in water by them selfe, and drynke it, or seeth it in flesshe, and suppe of the brothe and it wyl clense wel the inwarde membres. Also it is good agaynste the strangulion, and the flux of ꝑ same.

✲ Wilde nep or wodbinde.

❧ This herbe beareth a flower lyke to the Hoppe, and after the flower he beareth a greene bery, and it hath a great roote, the vertue of the herbe is most in the roote, it is good for sinowes that be shronken or cutte to make them sople and to haue theyr owne course in theyr proper kynde. Go to the roote of wilde Neppe that is lyke wodbinde and make

make a hole in the myddes of the roote, than couer it wel against that no Ayre go out, nor that no rayne go in nor water, nor erthe, nor the Sonne come not to muche to it, let it stande so a nyght and a day, than after that, go to it and thou shalte fynde therein a certayne lycoure, take out that lycoure with a spone and put it into a clene glas and do so euery day as longe as thou fyndest ought in the hole and this must be done in the moneth of Apryl, or Maye, than anoynt the sore therewith agaynst the fyre, than wete a lynnen clothe in the same lycoure and lappe it about the sore and it shalbe hole in shorte space on warantyse by the grace of God. For the Goute a soueraigne medecyne. Take the roote of wylde Neppe. and the roote of the wylde Docke, soden by it selfe and cutte them in thine peces and pare a way the vt-

ter ryndе and cutte them in quar-
ters. than boyle them in cleane wa-
ter two or thre houres, thā stampe
them in a morter as small as can
be, then put thereto a quantite of
soute of a chymney, and temper
them with the milke of a cowe that
the heare is of one coloure, than
take the pysse of a man that is fa-
stinge and make a playster thereof
and boyle it togyther and as hote
as ye may suffer, laye to the gre-
uaunce a daye and a nyght, and so
do nyne tymes and it shal heale the
on warantyse by the grace of God.

¶ Wormewode.

☞ This is hote and dry in the se-
conde degree, it is good for Wor-
mes in the wombe yf it be stamped
and the ioyce wronge out and min-
gled with swete mylke and gyue to
the pacient to drinke, and seth this
herbe

herbe in wyne and make a plaister to the wombe. Make pouder of Wormewode, Centorye, Bettayne of eche lyke muche by weyght, and medle all well togyther, and the pouder wyll slee wormes in the wombe bothe whan it is eaten in potage and dronken. Also for the mylte that is swollen of a colde matter, seeth it in wyne and lette the sycke drynke thereof and that shall heale hym, and make a playster of the substaunce of the herbe, and laye it all hote to thy wombe agaynst the greuance. Also stampe Wormewode, and temper it with vyneger, and with rosted fower breade grounde therwith and with the toyce of Nyntes, and the toyce of Plantaine, of eche lyke muche, and trye them well togyther, than make a playster, and laye it to the mouthe of the stomake and thys

shall

ſhall ſtunche breakynge or caſtynge. For Wormes in a mannes eares, be it Serpent or Crewyke, take the toyce of Wormewode and put it in the eare. Alſo for the Dropſye ſeeth it in wyne and gyue the ſycke to drynke at the mornynge and euenynge, and it ſhall helpe hym.

FINIS.

Here begynneth the table of this boke.

Abzotanum.
Aolinthyum.
Acus muſtela.
Aſkodyllus.
Agnus caſtus.
Agrimonia.
Allium.
Altea.
Alleluia.
Amariſcus.
Ameos.
Aniſum.
Anetum.
Anabula.
Aptum.
Aptum emo.
Aptum ranarū.
Arthemiſia.
Ariſtologia lon
Ariſtologia ro.
Aſterion.
Atriplex domeſt.
Auentia.
Auricula muris.

B.

Balſamita.
Betonica.
Beta.
Bozrago.
Bozrago ſilueſt.
Bugla.
Burneta.
Burſa paſtoris.

C.

Camomilla.
Calamentum.
Capillus vene.
Canabaria.
Capzifolium.
Cardiaca.
Camelon.
Carui.

Cẽtauria maioꝛ.
Centauria mi.
Celidonia.
Centinodia.
Cepe.
Cerifolium.
Ciminum.
Cicuta.
Conſolida ma.
Conſolida med.
Conſolida mi.
Columbina.
Coliandꝛum.
Coſtus.
Craſſula maioꝛ.
Craſſula minoꝛ.
D.
Daucus aſini.
Diptanum.
Dens leonis.
Daucus criti.
Dꝛagantia ma.
Dꝛagantia fe.
E.
Ebulus.
Edera.
Edera terreſtris
Enula cãpana.
Elleboꝛus alb.
Elleboꝛus niger
Endiuia.
Eufraſia.
Eupatica.
Eruca.
F.
Fabaria maioꝛ.
Febꝛifuga.
Feniculus.
Feniculus poet.
Fenigrecum.
Filex.
Filipendula.
Flamula.
Flamenula.
Fragra.
Fumus terre.
G.
Galanga.

Gentiana.
Geneſtula.
Gladiolus.
Granum ſolis.
Granũ ſo. agre.

H.

Hastula regia.
Herba cruciata.
Herba chriſtofo
ri maſculi.
Herba chriſtofo.
Herba Roberti.
Herba Johãnis

I.

Iarus.
Ialia nigra.
Ipia maior.
Ireos.
Iris.
Iſopus.
Iuſquianus.

L.

Labrum bene.
Lactuca.
Lactuca ſilneſt.
Lactuca lepo.
Lapatium ru.
Lappa.
Lauendula.
Lauriola.
Ligustrum.
Lilium.
Lingua cerni.
Lingua bouis.
Lingua ſerpen-
tis maior.
Lingua ſerpen-
tis minor.
Lingua canis.
Lingua hircina
Linum.
Leuiſticum.
Liquiricia.
Lollium.
Lupinus.

M.

Maces.
Maiorana.

Malua.
Mastick.
Menta ropall.
Menta romana
Menta rubea.
Mercurialis.
Millefolium.
Millefoliū ma.
Mozella.
Motherwozt oz
mugmozte.
N.
Napus
Nux muscata.
Nenufar.
Nigella.
Nux communis
O.
Olibanum.
Oliandzum.
Olium oliuarū.
Ozdeum.
P.
Papauer.
Parataria.
Pastinaca.
Piper.
Petrocilinum.
Peucedanum.
Peonia.
Pimpernell
Plantago.
Polipodium
Pozrum.
Pietrum.
Pzuna.
Pulegium.
Q.
Quinque foliū.
R.
Redde nettell.
Ribwozte.
Rosa rubea.
Rosemary.
Ruta.
S.
Saluia.
Saturegia

Sauaine.
Saxifragia.
Scabiosa.
Scamoni.
Sene.
Sengrene.
Selondyne.
Sinapium.
Sothernewode.
Stychewoxte.
Smalage.

T.

Tapsus barba.
Towne cresses.

V.

Ueruena.
Viola.
Vua suauis.

W.

Water cresses.
wylde neppe.
wormewode.

FINIS.

IMPRYNTED AT
LONDON IN FLETE-
strete at the signe of the George
nexte to Saynte Dunstones
Churche by Wylly-
am Powell.
In the yeare of our Lorde
M. D. L. the twelfe
day of Marche.